

## WHAT YOU SHOULD KNOW ABOUT ORTHODONTICS

Dealing with Treatment of the Human Body has many factors beyond our control.

1. All treatment times are **ESTIMATES** and can vary considerably depending on patient cooperation and growth patterns.
2. Your treatment forecast is a goal that we hope to achieve. Patient cooperation is an important factor in the amount of change we achieve. Also, unfavorable growth or excessive growth during or after treatment may affect our result. Complete correction is sometimes, but not always obtainable. We will try to achieve the best possible result.
3. During treatment:
  - **Poor Oral Hygiene** can result in swollen gums, loosening of teeth, cavities and/or white spots on certain teeth. Oral hygiene instructions must be followed and your dentist must be seen every six months to avoid these problems.
  - **TMJ DISTURBANCES:** popping, clicking or pain on opening may already exist and/or develop during attempts to correct bad bites.
  - **Trauma to the Teeth** must be avoided before, during and after treatment. Trauma during treatment may cause the teeth involved to get shorter, darker in color, looser or lose their vitality. Devitalization is seldom due to orthodontics.
  - **Nightbrace:** if you are wearing a nightbrace, follow all instructions. This is not a toy and not to be worn during play.
  - **Root Resorption:** teeth may occasionally get shorter. This is seldom a problem and rarely affects healthy individuals. Occasionally, it may decrease the longevity of certain teeth. We will let you know if we see signs of shortening.
  - **Impacted Teeth:** moving impacted teeth, especially canines, may lead to loss of the tooth or periodontal (gum) problems. Treatment by other specialists may be necessary in severe cases.
  - **Unusual Occurrence:** Swallowing an appliance, chipping a tooth or dislodgment of a restoration may occur during treatment but these are rare.
  - **Ceramic Braces** Extra care must be taken during treatment and on removal of these braces. Ceramic braces are made of very hard quartz crystals that bond to your teeth very strongly. Although rare, wear or erosion of opposing teeth and/or chipping of teeth on removal of braces can occur. In unusual cases, additional dental work may be necessary by your family dentist upon removal of ceramic braces.
  - **Clear Removable Appliances:** care must be taken to prevent damage to these appliances during treatment. Do not boil them or store them in places with temperature extremes. Occasionally, traditional braces may be needed for a short time to achieve certain types of complex movements.
4. **After Treatment**
  - Settling or shifting of teeth following treatment may occur in varying degrees. Each person is different. Crowding or spacing between teeth are examples. We will monitor you after treatment to watch for any stability changes. Failure to come in for recall may allow shifting or unfavorable growth to go unnoticed

I consent to the use of photos and diagnostic records by the doctor in scientific papers and demonstrations. I certify that I understand this form and consent to the orthodontic treatment proposed.

Dated: \_\_\_\_\_ Responsible Party Signature: \_\_\_\_\_ Relationship to patient \_\_\_\_\_

**HIDDEN SMILES ORTHODONTICS INFORMED CONSENT**